

BC WELLNESS HOME · CENTER

# Treatments & Packs

Editorial treatment menu for in-center experiences including facials, massages, body treatments, therapies, aesthetic technology, beauty and wellness packs.

BC WELLNESS HOME





## FACIAL TREATMENTS

# Facials

Facial rituals designed to cleanse, revitalize, hydrate, brighten and improve skin quality with personalized protocols.

## Essential facials

<b>Purifying facial &amp; ultrasonic spatula</b>	<b>80€</b>
Deep cleansing to remove impurities, excess oil and dead skin cells.	
<b>Kobido facial drainage</b>	<b>90€</b>
Japanese facial massage to improve firmness, activate circulation and relax.	
<b>Anti-age facial</b>	<b>135€</b>
Intensive treatment for radiance, freshness and vitality.	
<b>Facial lifting</b>	<b>125€</b>
Revitalizing ritual for tone, hydration and firmness.	

## Advanced facials

<b>Gatuline Expression hydration facial</b>	<b>145€</b>
Hydrating care to soften expression lines and protect the skin.	
<b>Anti-age vitamin facial</b>	<b>135€</b>
Nutrition, hydration and revitalizing effect.	
<b>Rosalina &amp; Alpine facial</b>	<b>145€</b>
Ideal for sensitive and delicate skin.	
<b>Age Protect Tonic facial</b>	<b>145€</b>
Protective protocol for texture and luminosity.	
<b>Men's facial</b>	<b>125€</b>
Freshness, rest and vitality for male skin.	
<b>Indiba facial &amp; treatment - 90 min</b>	<b>125€</b>
Aesthetic radiofrequency for firmness, elasticity and luminosity.	
<b>Dermopen - 75 min</b>	<b>90€</b>
Skin stimulation for regeneration and texture.	
<b>TMJ Facial</b>	<b>105€</b>
Sensory technique to release facial and jaw tension.	



## MASSAGES IN CENTER

# Therapeutic Massages

Therapeutic and body massages designed to release tension, activate circulation and reconnect body and mind.

## Main massages

<b>Bioenergetic detox treatment - 60 min</b>	<b>135€</b>
Manual techniques and energetic approach to release blockages.	
<b>Bioenergetic treatment - 120 min</b>	<b>230€</b>
Deep full-body ritual to restore vital energy.	
<b>Lymphatic drainage - 55 min</b>	<b>95€</b>
Stimulates the lymphatic system and reduces fluid retention.	
<b>Relaxing massage - 55 min</b>	<b>75€</b>
Gentle massage with essential oils for calm and serenity.	

## Specific massages

<b>Hot stone massage - 55 min</b>	<b>80€</b>
Warm, enveloping therapy that releases muscular tension.	
<b>Pregnancy massage - 55 min</b>	<b>75€</b>
Gentle techniques to relieve back, shoulders and legs.	
<b>Quiromassage - 55 min</b>	<b>65€</b>
Manual treatment to relieve tension and improve mobility.	
<b>Foot reflexology</b>	<b>95€</b>
Reflex points on the feet for general balance.	



## HOLISTIC MESSAGES

# Holistic Massages

Energy massages and complementary rituals to balance body, mind and energy.

## Energetic wellbeing

**Integral harmonization - 50 min** 95€

Holistic treatment for calm and reconnection.

**Reiki - 50 min** 95€

Energy therapy for physical and emotional balance.

**Scalp treatment - 55 min** 105€

Ritual to release tension in the head, neck, shoulders and arms.

## Complementary treatments

**Cellulite wraps - 20/25 min** 40€

Localized treatment for drainage and skin texture.

**Abdomen and leg wraps - 50 min** 60€

Draining and shaping action for abdomen and legs.



## BODY TREATMENTS

# Body Treatments

Treatments to detoxify, stimulate, regenerate and improve the quality of skin and tissue.

## Body

<b>Back treatment - 55 min</b>	<b>85€</b>
Cleansing, scrub, mask and draining massage.	
<b>Localized slimming treatment - 55 min</b>	<b>135€</b>
Techniques for areas with accumulation or retention.	
<b>Body scrub &amp; hydration - 55 min</b>	<b>85€</b>
Body exfoliation and deep hydration.	
<b>Body wrap</b>	<b>85€</b>
Body wrap for relaxation, hydration and lightness.	

## Detox & regeneration

<b>Reducing algae wraps - 45 min</b>	<b>70€</b>
Algae for drainage, remineralization and lightness.	
<b>Indiba body - 55 min</b>	<b>75€</b>
Body radiofrequency for recovery and toning.	

## THERAPEUTIC TREATMENTS

# Therapies

Physical and emotional therapies to support personal processes and improve overall balance.

## Physical therapies

<b>Physiotherapy</b> Treatment and prevention of injuries.	<b>70€</b>
<b>Osteopathy - 55 min</b> Manual treatment for mobility and tissues.	<b>95€</b>
<b>Posturology</b> Evaluation of the postural system and stability.	<b>80€</b>

## Emotional balance

<b>Nutrition</b> Consultation for habits, digestion and energy.	<b>70€</b>
<b>Orthomolecular nutrition - 3 visits</b> Personalized support for internal balance.	<b>240€</b>
<b>Diagnostic tests</b> Personalized analyses and tests according to objectives.	<b>-</b>
<b>Gestalt therapy</b> Self-knowledge, presence and emotional management.	<b>70€</b>
<b>Psychologist</b> Psychological support and integral wellbeing.	<b>60€</b>

## AESTHETIC TECHNOLOGY

# Devices

Aesthetic technology treatments to support firmness, toning, recovery and tissue improvement.

## Indiba

<b>Indiba body - 55 min</b>	<b>75€</b>
Body radiofrequency for circulation and firmness.	
<b>Indiba facial treatment - 90 min</b>	<b>140€</b>
Facial radiofrequency for collagen and luminosity.	
<b>Indiba pack - 8 sessions</b>	<b>550€</b>
Progressive program for tissue and recovery.	

## Advanced treatments

<b>Shockwaves</b>	<b>80€</b>
Mechanical stimulation for tissues and firmness.	
<b>Shockwave pack - 8 sessions</b>	<b>480€</b>
Intensive pack for specific areas.	
<b>Titan toning - 30 min</b>	<b>60€</b>
Toning for firmness and skin appearance.	
<b>Titan pack - 8 sessions</b>	<b>460€</b>
Progressive program for body improvement.	
<b>HIFU by areas</b>	-
Focused ultrasound to consult according to area.	

## BEAUTY &amp; CLASSES

# Beauty

Beauty services, personal care and private classes to complete the wellness experience.

## Beauty

<b>Eyelash extensions</b> Aesthetic service to enhance the eyes.	<b>70€ - 120€</b>
<b>Foot aesthetics - 55 min</b> Aesthetic care and wellbeing for feet.	<b>60€</b>
<b>Hand treatment - 55 min</b> Hand care with a clean and healthy finish.	<b>60€</b>
<b>Vegan make-up</b> Vegan make-up on request.	-

## Private classes

<b>Yoga - 50 min</b> Mobility, breathing, balance and calm.	<b>50€</b>
<b>Personal fitness training - 60 min</b> Training adapted to personal goals.	<b>80€</b>



## MASSAGE AND DEVICE PACKS

# Packs

Packs designed to offer wellness, maintain continuity in treatments and enhance results.

## Wellness packs

**Bioenergetic massage pack 7 x 6**

Valued at 1080€.

**890€****Body Scrub + Bio Massage 1.5h**

Valued at 260€.

**195€****Pack 8 Indiba sessions 45min**

Valued at 550€.

**480€****Bioenergetic massage 1.5h**

Valued at 180€.

**150€****Pack 8 Shockwave sessions x 1 area**

Valued at 640€.

**480€****Pack 4 Personalized Facials**

Valued at 560€.

**420€**