

BC WELLNESS HOME

Treatments & Packs

Guide to facial treatments, massages,
body care and wellness

Bookings and personalized consultations

info@bcwellnesshome.com

+34 623 956 888

www.bcwellnesshome.com



Beauty, health and wellbeing

A space dedicated to balance between body and mind.
Each treatment is designed to restore your wellbeing.

Facial treatments

Massages

Body treatments

Holistic therapies

Emotional therapies

Aesthetic technology

Packs



CARE FOR YOUR SKIN

Essential facials

Purifying facial (50 min)

Deep cleansing with ultrasonic spatula

100€

Kobido facial drainage (55 min)

Natural Japanese lift

100€

Lifting facial (55 min)

Rejuvenation and firmness

120€

Anti-age facial (55 min)

Intensive rejuvenating treatment

135€

CARE FOR YOUR GLOW

Advanced facials

Indiba facial (90 min)

Regenerating radiofrequency

100€

Axion facial (55 min)

Intelligent microneedling with LED technology

130€

Gatuline hydration facial (75 min)

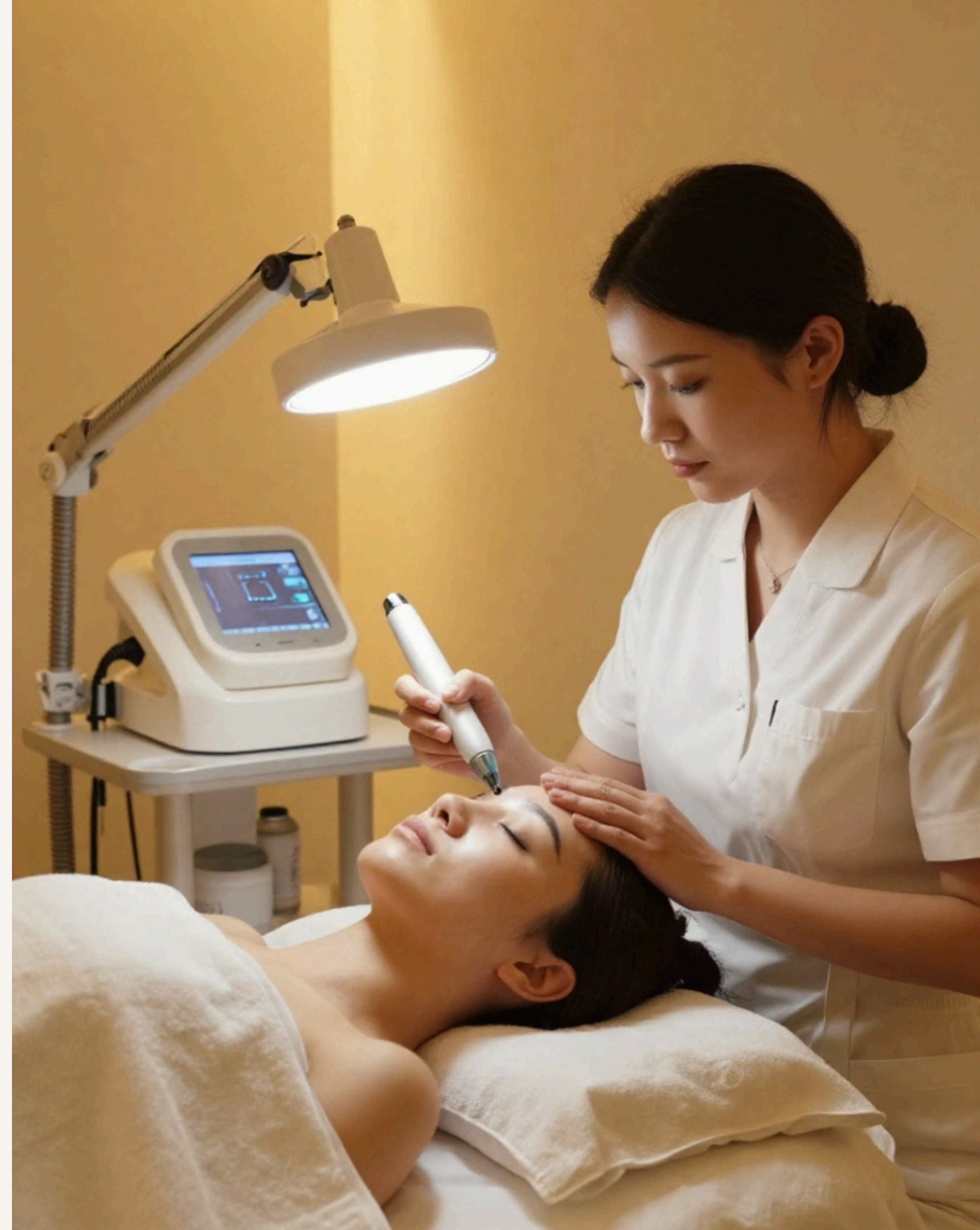
Deep hydration with Expression

145€

Anti-age vitamin facial (75 min)

Rejuvenation with active vitamins

135€





PREMIUM TREATMENTS

Advanced facials

Rosalina & Alpina facial (55 min)

125€

Luminosity and antioxidant protection

Age protect tonic facial (55 min)

145€

Firmness and rejuvenated tone

Men's facial (50 min)

125€

Specific treatment for men

ATM facial (60 min)

105€

Relief of jaw tension

CARE FOR YOUR BODY

Body treatments

Quiromassage (55 min)

100€

Therapeutic manual massage that relieves contractures and improves mobility

Relax massage (55 min)

100€

Gentle massage that calms body and mind, relieving accumulated tension

Pregnancy massage (55 min)

100€

Gentle and safe massage to relieve pregnancy-related tension

Deep tissue massage (55 min)

120€

Intense pressure on deep muscle layers to release chronic tension



MANUAL THERAPIES

Body treatments

Bioenergetic massage

Combines traditional massage and energy therapy to release physical and emotional blockages.

55 min - 130€ | 90 min - 180€ | 120 min - 240€

Hot stones (55 min)

Uses hot stones and oils to relax the muscles and reduce stress

Lymphatic drainage (55 min)

Activates circulation, eliminates toxins and reduces fluid retention

Foot reflexology (55 min)

Foot therapy that relieves ailments and improves overall health through reflex points of the feet

Circulatory massage (50 min)

Focused on the legs, supports blood flow and relieves heaviness

Anti-cellulite massage (50 min)

Improves toxin elimination, venous return and tissue restoration

Decontracting massage (55 min)

Works on areas of pain and tension, relieving contractures and muscle knots

Cranio-cervical massage (50 min)

Relieves headaches and cervical tension with specific techniques on head and neck

Access Bars (60 min)

Technique of 32 points on the head that releases mental and emotional blockages

100€

130€

100€

100€

100€

100€

110€

100€

CARE FOR YOUR BODY

Body treatments

Back treatment (55 min) 100€

Relief of tension and contractures

Body wrap (55 min) 100€

Nourishing body wrap

Body scrub & hydration (55 min) 100€

Deep exfoliation and nourishment

Reducing algae wraps (45 min) 100€

Detox and volume reduction

Reducing treatment (60 min) 110€

Sculpting and toning

Scalp treatment (55 min) 105€

Combines oils and manual techniques to relieve head and neck tension

Orange peel wraps (30 min) 40€

Drainage and cellulite reduction

Abdomen and legs wraps (45 min) 60€

Localized reduction in abdomen and legs

Physiotherapy (60 min) 100€

Functional recovery and pain relief

Osteopathy (55 min) 100€

Structural body balance

Posturology (60 min) 100€

Integral postural correction

BALANCE YOUR BODY

Essential Therapies

Integrative aromatherapy (60 min) 110€

Aromatherapy session with pure essential oils to balance emotions and restore inner calm

Essential Touch (60 min) 110€

Japanese acupressure technique that stimulates self-healing and releases deep tension

Traditional Chinese Medicine (60 min) 110€

Energy balance through ancestral Chinese techniques: acupuncture, moxibustion and cupping

AromaTouch Technique (60 min) 110€

Protocol of 8 essential oils applied to back and feet to reduce stress and strengthen immunity

Natural products facial massage (60 min) 110€

Nourishing facial with natural products that brings luminosity and vitality to the skin

Lomi Lomi massage (60 min) 110€

Hawaiian continuous-flow massage that releases tensions and reconnects body and spirit

Oriental massage (60 min) 110€

Ancient Eastern techniques combining pressure and stretching for deep relaxation

Natural products body treatment (60 min) 110€

Holistic body treatment with natural products that hydrates, nourishes and revitalizes the skin



INTEGRAL BALANCE

Therapies and health

Nutrition (60 min)	100€
Personalized nutritional guidance	
Gestalt therapy (60 min)	100€
Emotional support and self-knowledge	
Psychologist (60 min)	65€
Professional psychological support	
Reiki (55 min)	100€
Energy balance and holistic healing	
Diagnostic tests	On request
Analysis and personalized assessment	
Orthomolecular nutrition (3 x 60 min)	240€
Complete nutrition plan (3 visits)	

INNOVATION AND CARE

Aesthetic technology

Body Indiba (55 min) 100€

Regenerative radiofrequency

Facial Indiba (90 min) 140€

Deep regenerative facial treatment

Shock waves (55 min) 100€

Advanced anti-cellulite treatment

Titan toning (30 min) 60€

Deep muscle firming

Pack 8 Indiba sessions 480€

Complete intensive treatment



YOUR BEST VERSION

Beauty and wellbeing

Eyelash extensions (55 min) 70-120€

Natural effect or volume

Vegan make-up (60 min) 60€

Professional organic make-up

Foot aesthetics (55 min) 60€

Complete podiatry care

Hand treatment (55 min) 60€

Hydration and beauty

Yoga 50€

Private class 50 min

Personal fitness 80€

Personalized training 60 min



SAVE WHILE CARING FOR YOURSELF

Packs and promotions

Bioenergetic Pack 7x6 1050€

7 sessions for the price of 6

Body Scrub + Bio Massage 195€

Complete 2.5h experience

Pack 8 Shockwave sessions 480€

Intensive treatment

Pack 4 Personalized Facials 420€

4 tailored sessions

Pack 8 Indiba sessions 45 min 480€

Intensive body treatment

Titan pack 8 sessions 460€

Advanced muscle toning





Care for the body. Restore balance.

A space dedicated to integral wellness, where each treatment is a personalized and conscious experience.