

# BC Wellness Home

Private Villas

## Villa Services

Exclusive wellness experiences in the privacy of your villa:  
facials, massages, body therapies, fitness, private chef,  
nutrition and diagnostics.

Facials · Therapeutic Massages · Holistic Massages · Body · Spa Days · Fitness & Chef ·  
Nutrition

# Facial Rituals in Villa

## Essential facials

**Purifying Facial** — 75 min — 165€

Deep cleansing, balance and luminosity.

**Hydrating Facial** — 60 min — 145€

Intensive hydration for dry skin.

**Calming Facial** — 60 min — 145€

Reduces redness. Ideal for sensitive skin.

**Radiance Facial** — 75 min — 165€

Revitalizes and evens skin tone.

## Advanced facials

**Regenerating Facial** — 90 min — 195€

Stimulates cellular renewal and firmness.

**Premium Anti-Aging Facial** — 90 min — 220€

Latest-generation active ingredients.

**Natural Lifting Facial** — 90 min — 210€

Firming effect with Kobido massage.

**Detox Facial** — 75 min — 175€

Eliminates toxins and restores vitality.

# Therapeutic Massages in Villa

## Therapeutic

**Deep Tissue Massage** — 60 min — 140€  
Relieves deep muscle tension.

**Sports Massage** — 60 min — 145€  
Active muscle recovery.

**Neck and Back Massage** — 45 min — 110€  
Focused on neck and back areas.

**Circulatory Massage** — 60 min — 135€  
Improves venous return and reduces heaviness.

## Body

**Relaxing Massage** — 60 min — 130€  
Gentle movements for total calm.

**Hot Stone Massage** — 75 min — 165€  
Deep heat and muscular relaxation.

**Lomi Lomi Massage** — 75 min — 160€  
Hawaiian technique with continuous flow.

**Four Hands Massage** — 60 min — 250€  
Two therapists in perfect sync.

# Holistic Massages in Villa

## Holistic

**Reiki** — 60 min — 120€

Energetic balance and deep relaxation.

**Foot Reflexology** — 60 min — 130€

Stimulation of foot reflex points.

**Aromatic Relax Massage** — 75 min — 155€

Essential oils and enveloping technique.

**Ayurvedic Massage** — 75 min — 160€

Indian tradition for body-mind balance.

## Specials

**Pregnancy Massage** — 60 min — 140€

Adapted for prenatal wellbeing.

**ATM Rafferty** — 45 min — 120€

Cranial technique for jaw tension.

**Restorative Hair Ritual** — 45 min — 95€

Scalp massage with nourishing oils.

**Lymphatic Drainage** — 60 min — 145€

Reduces fluid retention and improves circulation.

# Body and Therapy in Villa

## Body treatments

**Back Treatment** — 60 min — 140€

Exfoliation, massage and back mask.

**Localized Slimming** — 60 min — 155€

Reducing technique for specific areas.

**Luxury Body Peeling** — 45 min — 120€

Full renewal with salts and oils.

**Detox Wrap** — 75 min — 170€

Detoxification with seaweed and mud.

## Therapies

**Osteopathy** — 60 min — 160€

Structural and visceral manual therapy.

**Gestalt Therapy** — 60 min — 130€

Emotional support and awareness.

**TCI Therapy** — 60 min — 140€

Body-mind-emotion integration.

**Wellness Coaching** — 60 min — 120€

Personalized healthy-habit session.



# Wellness Experiences in Villa

## Spa Days

### **Luxury Wellness & Reconnection Spa Day** — 470€

Relaxing massage 60 min + hydrating facial + private thermal circuit.

### **Afternoon Fitness & Wellness Experience** — 530€

Personal training + sports massage + detox smoothie.

### **Longevity & Wellness Regeneration Spa Day** — 630€

Initial diagnostic + bioenergetic massage + anti-aging facial + nutrition plan.

*Includes a personalized experience according to each guest's needs.*

# Fitness & Private Chef



## Personal training

**Individual Session** — 60 min — 130€  
Functional training tailored to your goals.

**Duo Session** — 60 min — 200€  
Training for two people.

**5-Session Pack** — 580€  
Savings with weekly commitment.

**Private Yoga / Pilates** — 60 min — 120€  
Guided session in your villa.

## Private chef

**Hourly service** — from 100€/h  
Professional chef in your villa.

**Healthy breakfast** — 80€ pp  
Balanced and personalized menu.

**Wellness lunch** — 120€ pp  
Mediterranean cuisine with local products.

**Tasting dinner** — 180€ pp  
Complete gastronomic experience.

# Nutrition and Laboratory

## Nutrition

**Orthomolecular Vitality Journey** — 390€  
Personalized supplementation program.

**Mediterranean Detox Reset** — 320€  
Detox plan with Mediterranean diet.

**Anti-Inflammatory Balance Ritual** — 350€  
Reduction of chronic inflammation.

**Holistic Diagnostic Insight** — 280€  
Comprehensive biomarker analysis.

## Diagnostic tests

**Complete Genetic Test** — 450€  
Predispositions and metabolism.

**Hormonal Panel** — 280€  
Complete analysis of the hormonal axis.

**Microbiota Test** — 320€  
Study of intestinal flora.

**Food Intolerance Test** — 250€  
Detection of sensitivities.

# BC Wellness Home

Private Villas · Mallorca

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Bookings and personalized consultations

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